



i'm  
**HADLEY  
HEN**

# MARCH

**2020**

TDA's March 2020 Menu Calendar

**SCHOOL  
BREAKFAST  
WEEK**

**MARCH 2-6**

SquareMeals.org/SBW

**GOOD  
EATS AT**

*BREAKFAST  
AT:  
BURNETT  
ELEMENTARY*

**SPECIAL  
ANNOUNCEMENTS**

**BREAKFAST IS FREE TO ALL  
T.I.S.D. STUDENTS**

**BREAKFAST IS SERVED WITH ICE  
COLD MILK  
FRESH FRUIT OR JUICE**

**CONDIMENTS TO COMPLIMENT THE  
MEAL**

**YOGURT &  
GRAHAMS**

2

**BAGEL AND  
CREAM  
CHEESE**

3

**APPLE  
FRUDLE**

4

**MINI  
FRENCH  
TOAST**

5

**CHEESE  
OMELET**

6

**CHOCOLATE  
MUFFIN**

9

**SAUSAGE  
ROLL**

10

**MINI STRAW-  
BERRY  
BAGELS**

11

**BLUEBERRY  
BREAKFAST  
WRAP ON A  
STICK**

12

**MINI BLUE-  
BERRY  
WAFFLES**

13

**SPRING BREAK**

16

**SPRING BREAK**

17

**SPRING BREAK**

18

**SPRING BREAK**

19

**SPRING BREAK**

20

**CHOCOLATE  
MUFFIN**

23

**SAUSAGE  
ROLL**

24

**MINI STRAW-  
BERRY  
BAGELS**

25

**BLUEBERRY  
BREAKFAST  
WRAP ON A  
STICK**

26

**MINI BLUE-  
BERRY  
WAFFLES**

27

**YOGURT &  
GRAHAMS**

30

**BAGEL AND  
CREAM  
CHEESE**

31



**The Art Contest Continues!**

Enter today! Deadline next month!

SquareMeals.org/ArtContest



Food and Nutrition Division | National School Lunch Program and School Breakfast Program



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



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# HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!

## HADLEY HEN'S FAVORITE ACTIVITY

Bowling



### WHAT TO KNOW

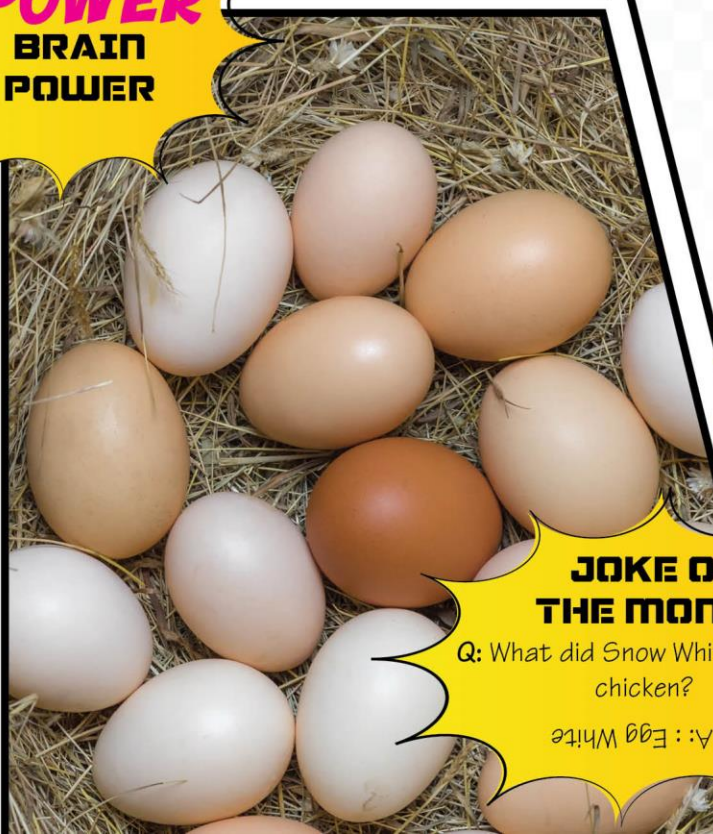
This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

### POWER BRAIN POWER

### FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!



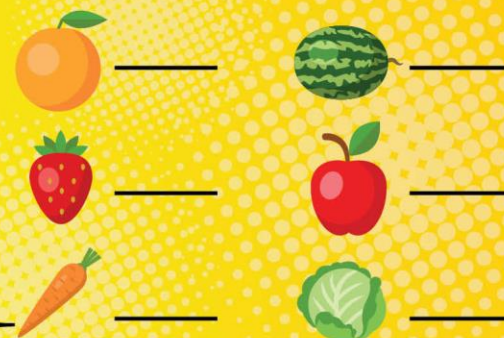
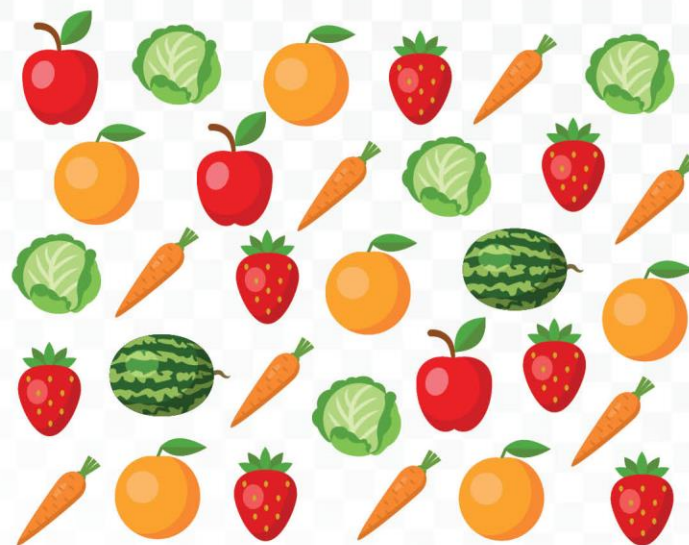
### JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White

### HOW MANY?

Count the correct number of each fruit or vegetable below.



5	6
8	7
3	2
9	4